

APRIL 2023

# TIDINGS

The Church of the Good Shepherd  
Cashiers, North Carolina



## AN INVITATION TO WALK THE WAY OF THE CROSS

*Walking brings me back to myself.* (Laurette Mortimer, Zen hiker )

*Walking is the exact balance between spirit and humility.* (Gary Snyder, American poet)

I do enjoy a good walk, a ramble, a hike. Walking restores my soul. As the weather warms I anticipate being outside in the fresh air and the chance to practice walking as a meditative, spiritual, connective exercise.

Now everyone no doubt knows the health benefits of a good walk. How about the spiritual benefits? Yes, the spiritual benefits. As a church steeped in ritual practice, it seems obvious that we would encourage and embrace a good walk.

**The Stations of the Cross** is a good walk plus! It is a walking devotion of the Passion of Christ, recalling events both biblical and apocryphal at the end of Jesus' life from his condemnation before Pilate to his burial. **The Way of the Cross** imitates the practice of visiting the places of Jesus' Passion in the Holy Land by early Christian pilgrims. (Yes, others before us have enjoyed walking for humility.) For as far back as the 4th century when the Galician pilgrim Egeria joined hundreds of other pilgrims in Jerusalem retracing the last steps of Christ and came back to write about her experience.

For years I walked **the way** with children and their parents. At each station standing silent in the way of love. Knowing the path around a room or garden or the nave, trusting where each step led and walking all the way to Calvary. With Christ yes, and with each other and with all others who have or will tread the path. Yes, we know the end of the story and we have walked this way before. Each year with a different intention but always the same path.

*Learning to listen to divine silence is the crux of walking the stations. Church leaders through the centuries have encouraged this practice for the simple reason that it attunes a sojourner's soul to the Word's loving wordlessness. Our attempts to balance spirit and humility.*

You possibly have walked **The Way of the Cross, The Way of Sorrows, The Stations of the Cross** at some time in life. At Church of the Good Shepherd our stations, or stops, are the 14 traditional ones from Jesus' arrest to his death and burial. These stations are found along the walls in the nave and have been up since Ash Wednesday. They are available for you to walk anytime.

This year as we walk together toward God's promise, invite someone to join you. Whether that's in the church, on the Cashiers Village Green, or around the garden of Good Shepherd, or a place of your own choosing. Walking is a wonderful balance between spirit and humility.

You are invited and can join others in walking the stations called **Mary's Way of the Cross** on Tuesday April 4 at 3 pm. These stations offer through Mary's eyes, what Jesus experienced on the way to Calvary. Additionally, we can make practical applications to our own lives.

(continued on page 2)

# STATS

## APRIL BIRTHDAYS

- 2 JIM ARTHUR
- 3 ANN WROBLESKI
- 3 MARE ARENAS
- 4 RAINIER FINLEY
- 5 CHRIS BRACKEN
- 5 RUTH RUSS
- 5 TODD BROADRIDGE
- 7 CURTIS LOFTIN
- 7 HELEN BERTLES
- 7 CARROLL SUMMEROUR
- 7 BROOK OWENS
- 9 THOMAS ADAMS
- 12 CAROLINE YOUNG
- 12 KEVIN YOUNG
- 14 SANDRA ANDERSON
- 14 PARKER ANDERSON
- 15 PATSY BENDER
- 15 MARTY WHITE
- 15 DOROTHY ADAMS
- 15 CLAY JONES
- 16 JULIANNE HART
- 16 SUSAN WARREN
- 18 JOHN BOATWRIGHT
- 18 ANNA ROBBINS
- 19 PERRIN DARGAN
- 20 JEAN ANN L'ENFANT
- 20 FRED HALBACK
- 21 MIKE MONSOUR
- 22 KAREN DEAKIN
- 22 SHARON STRICKER
- 26 MARY DARGAN
- 27 NED TURNBULL
- 27 RYAN MCKIBBEN
- 28 BOB LATHAN
- 28 DON STONE
- 29 NATHAN TURNER

(continued from cover)

Then please join us as we walk to connect our footsteps with those of Christ, as a community, at the Village Green on Good Friday April 7 at 3 pm.

**Now something new!** People of faith have begun a new walk. **Stations of the Resurrection** or sometimes called **The Way of Light**. Offered for many of the same benefits of the passion walk, **these stations** continue to follow Jesus post resurrection! Using our feet, our bodies we pray the resurrection!

Remembering in our bodies the miracle, the promise, the hope of the resurrection. Remembering Christ's redemptive work among those who knew/know him. Fourteen **Stations of Light** have been identified. Each station reflecting the final chapters of each of the four gospels, narrating the appearances of the Risen Lord from Easter to Pentecost. This walking devotion interweaves those accounts. All are intended as a means of reflection and prayer. There are many ways to use the **Stations of the Resurrection** in your own spiritual journey. The Gospel accounts and prayers could be read quietly and in one place. Stations might be prepared, either with images or candles set in locations around the nave. You might plan a walk or hike, stopping at points along the way to read the meditations and use the time spent walking between stations for prayer and/or meditation. And like **The Stations of the Cross**, these suggestions can be adapted to a range of situations.

Also, each Thursday during the Great 50 days of Easter we consider what new life means in the stories of the resurrection. Join us at 10 am beginning April 13 for studies on the resurrection appearances. Followed by a healing eucharist at 12 noon and lunch in Hines Hall.

Alison +

\*Copies for the Stations of Resurrection are taken from the Saint Augustine's Prayer Book, newly revised in 2014 by Forward Movement and are found in the narthex at the entrance of the nave or in Hines Hall.

## TRANSFERS

### Transfer In

Corabel & Martin Shofner

### Transfer Out

Tom & Wendy Dowden (Trinity Episcopal Church)  
Malinda Allen (St. Luke's Episcopal Church)

- 5 CHIPPER & CHERI ALLEN
- 5 JACK & MARCIA STIBBS
- 17 BOB & PAM ANDERSON
- 19 BRIAN & CARI SANDERS

- 27 JOHN & SUSAN LEACH
- 28 ROBERT & SUZIE SINCLAIR
- 29 NEELY & KATHY YOUNG
- 30 CHRIS & HELEN HARMON

## APRIL ANNIVERSARIES

IF YOUR BIRTHDAY OR ANNIVERSARY IS MISSING PLEASE CONTACT ELLEN AT 828-743-2359 OR GOODSHEPADMIN@FRONTIER.COM




## VESTRY UPDATES

The Vestry meets on a monthly basis to review the activities of the church. These are some of the items that have been discussed at Vestry meetings so far this year:

- Finalizing and approving the 2023 budget.
- Approving the purchase of new HVAC units for the church building.
- Discussing the distribution of a portion of the 2022 budget surplus to outreach organizations outside of Good Shepherd:
  - \$1,000 to Valle Crucis
  - \$1,000 to the Blue Ridge Service Corps of WNC
  - \$1,000 to St. Michael's Church, Kiev for the Sisters of Mercy to have fuel through the winter
- Purchasing new priest vestments for Alison
- Discussing and planning for repairs and improvements to Hines Hall in the next 1-5 years.
- Approving purchase of Cemetery Management Software to manage our burial grounds (more to come!)

## WALKING THE MOURNER'S PATH TOGETHER WE CAN DO WHAT I CANNOT DO ALONE



Lawson Kelly, Sharon Stricker and Alison + attended the Walking the Mourner's Path facilitator training workshop in Atlanta at All Saint's Episcopal Church in March. We all happily noticed the training and the program is much different from other grief programs. Founded out of the need to answer the question - "Where is God in my pain?" Walking the Mourner's Path is a ministry grounded in prayer and community and in the healing power of Jesus' love.

The program is partnered with faith communities around the country to reach out and serve those who grieve in their church and their communities.

Walking the Mourner's Path differs from other programs because it is not opened ended.

Research has shown that effective grief programs have a beginning and an end. At the heart of the program are eight consecutive weekly small group workshops.

Here are some of the details as you consider if you or someone you know may benefit from participating ...

- The program is spiritually directed by trained facilitators and clergy so all participants attending will find a safe and spirit-filled place to journey in their grief.
- Each week's 1 ½ hours session begins and ends in prayer - this is central to the ministry.
- The group is kept intentionally small (8-12 persons) allowing participants the opportunity to share more easily. It is through the experience of sharing with others and being comforted by God's love that healing occurs.
- The program is carefully crafted to work on one concept a week allowing participants to work through their grief without feeling overwhelmed. A workbook is provided for each individual to support the framework with prayers, reflections, and exercises. Homework assignments enhance the experience.

We are more than ready to offer this opportunity for healing this summer. If you or someone you know are interested or have questions, please contact the church office or talk with Alison +, Sharon or Lawson.

First workshop: May 6 - June 26



## FISHES & LOAVES



## WEDNESDAYS IN LENT

### FAREWELL TO DR. LYN ELLEN BURKETT





## BISHOP'S VISIT



## ENGLISH LANGUAGE LEARNERS



## HOLY MEN OF APRIL

### **Edward Thomas Demby (February 13, 1869 – April 14, 1957)** **African-American bishop and author**



*Loving God, we thank you for the ministries of Edward Thomas Demby and Henry Beard Delany, bishops of your Church who, though limited by segregation, served faithfully to your honor and glory. Assist us, we pray, to break through the limitations of our own time, that we may minister in obedience to Jesus Christ; who with you and the Holy Spirit lives and reigns, one God, now and for ever. Amen.*

Ordained as a priest in the Episcopal Church of the United States and later a suffragan bishop in the Diocese of Arkansas and the Southwest, Demby worked against racial discrimination and for interracial harmony, both within and outside of his church. From 1894 to 1896, by then ordained an African Methodist Episcopal Church minister, Demby was Dean of Students at Paul Quinn College near Dallas, Texas. While there he was confirmed in the Episcopal Church. Bishop John Franklin Spalding of the Episcopal Diocese of Colorado became his mentor and ordained him a deacon in 1898 and a priest the following year. Demby experienced the institutionalized segregation of the Jim Crow South as he helped the African American congregation build its own church. Although Demby

initially favored the missionary bishop plan for church service among African Americans, as opposed to the suffragan bishop plan ultimately selected by the General Convention that year, he became secretary of the "colored convocations" (segregated southern churches) and Archdeacon for Colored Work in the Episcopal Diocese of Tennessee.

After his 1918 consecration as a bishop at All Saints' Church in St. Louis, Demby became suffragan bishop of Arkansas (the first African American to become bishop, although James Theodore Holly had become bishop of Haiti). Demby worked with black hospitals, schools and orphanages, as well as sought full recognition of African Americans within the Episcopal Church. He found that he had no salary and no official residence, and described the experience as "building bricks without straw." In 1922, the national church began paying him a salary, some of which he used to establish Christ Church Parochial and Industrial School in Forrest City, Arkansas. Demby also dealt with the fallout from Bishop William Montgomery Brown's joining the Old Catholic Church, which had led to an Episcopal Church trial for heresy and Brown's deposition in 1925. The Great Depression negatively affected not only congregants, but also Demby's dream of self-sufficient black episcopal congregations. In 1932, racist elements within the Arkansas diocese held a convention at Newport which purported to elect a new bishop, whom the next General Convention refused to recognize. Nonetheless, by 1934, Demby was again a bishop in name only he and turned his attention to work on the national level.

Demby retired in 1938, but continued to serve individual parishes in Kansas, Pittsburgh and Cleveland.



## HOLY MEN OF APRIL

### **Henry Beard Delany (February 5, 1858 – April 14, 1928) Priest and the first African-American person elected Bishop Suffragan of the Episcopal Church in the United States.**



Henry Delany was born into slavery in St. Mary's, Georgia, in 1858. After the American Civil War and emancipation, the family moved to Fernandina Beach, Florida. There young Delany learned brick laying, plaster and carpentry from his father, and also helped on the family farm. He attended a school funded by the Freedmen's Bureau and staffed by missionaries.

In 1881 the rector of St. Peter's Episcopal, Rev. Owen Thackera, funded a scholarship to allow Delany to attend St. Augustine's College in Raleigh, North Carolina. Episcopal priests had founded the college in 1867 to educate newly freed men and women. There, Delany studied theology, music and other subjects. Upon graduating in 1885, he joined the faculty at St. Augustine's, where he served until 1908 teaching carpentry and masonry and supervised building projects, as well as serving as the school's vice-principal, chaplain and musician.

Delany joined Raleigh's St. Ambrose Episcopal Church, where he was ordained a deacon in 1889 and a priest in 1892. Delany served on the national church's Commission for Work among Colored People. He visited Episcopal, Methodist, Baptist and African Methodist Episcopal (AME) congregations as well as organized schools and met with and arranged educational opportunities for prisoners. Delany was unanimously elected suffragan bishop for Negro Work at the North Carolina diocesan convention, and consecrated in 1918. He also agreed to assist the bishops of East and Western North Carolina, South Carolina and Upper South Carolina in establishing separate black parishes pursuant to the Jim Crow laws predominant in the south. Bishop Delany advocated keeping African-American Episcopalians united within the Church despite those segregationist practices within the Church and society.

Bishop Delany died at his campus home in 1928.

The Reverend Robert B. Wood, Rector  
rwood.gs@gmail.com  
The Reverend Alison Schultz, Assistant Rector  
The Reverend Toby Summerour, Adjunct Priest  
The Reverend Steve Hines, Adjunct Priest

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Laura Lankford, Senior Warden      Peter Keck, Junior Warden  
Irv Welling, Treasurer                  Ellen Albright, Clerk

Vestry:

Doreen Hastings      Lynn Jones      Sharon Stricker  
Mark Quick              Vic Brandt      Fred Halback  
Ruth Russ              Kate Gholston  
Kevin Rowland      Rose Mary Achey

**ADDRESS SERVICE REQUESTED**

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Skip Ryan, Bazaar Barn Manager  
Cari Sanders, Communications Director

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## SPRING & SUMMER 2023 ADULT FORMATION

Thursday mornings at 10am



### STORIES OF THE RESURRECTION

April 13 - June 1

Join us as we consider what new life means in the stories of the resurrection and Jesus' appearances. Followed by a healing eucharist at 12 noon and lunch in Hines Hall.

### DOUG BISCHOFF

Final dates coming soon

Doug's classes are always well attended and that is due to the passion that Doug brings to preparing for each class. More information coming soon!



### THE CHOSEN, SEASON 3

Thursday evenings

July 6 - August 24

"A charismatic fisherman drowning in debt, a troubled woman wrestling with real demons. A gifted publican ostracized by his family and his people. A religious leader struggling with his beliefs. See Jesus through the eyes of those that met him."

Join us once again this year as we continue to follow "The Chosen". Dinner will be provided.